

ELIGIBILITY:

Only **original** artworks created within the last 3 years and not previously shown at Sac Arts will be accepted.

NOT ACCEPTED:

Photography, copies of published artwork, gicleés, videos, film or crafts, class/ workshop art, or work reproduced by any commercial process are not accepted for this show. Mixed media that is extensively photography, or commercial printing may be disqualified at the discretion of the co-chairs or judge.

SUBMITTALS:

Online entry only: norcalartsinc.org

Entry photo(s):

Allowed Entry file types: .jpg

Maximum file size: 5mb

Minimum file size: 500kb

Minimum image width: 500px

EntryThingy suggests 1920 X 1920 is a good size

Images must accurately represent original work to be exhibited.

Maximum size for hanging artwork is 4ft x 8ft and can weigh no more than 40 pounds.

Plexiglas is required for artwork exceeding 28"x36" or 1015 sq. in. (No Glass please)

Braided wire or strong plastic lines should be used.

All wire ends must be taped. No protruding nails, staples, or saw-tooth hangers are permitted.

Three dimensional and/or assembled works must be stable and safe for viewing. Artists may elect to help with setup.

Please attach the following information about artwork

Name

Telephone (cell, home, or work)

Title of artwork

Type or category of artwork (oil, acrylic etc.)

Any work containing unacceptable subject matter will be withdrawn (determined by the NCA Board of Directors and Sac Arts).

Northern California Arts Inc., Sac Arts and its members will not be held responsible for loss or damage of any work. All members assisting with this project shall not be held responsible for any liability arising from this exhibit. Insurance and shipping fees are the responsibility of the artist.

SALES:

- Non Sac Arts/NCA members 50% Commission
 - Sac Arts /NCA current members 30% Commission
- Payment for sold works excluding commission, will be made within 30 days of closing the exhibit.

JURY AND AWARDS:

Judge will select artwork for the show from online entries via EntryThingy. Notification of Jury Results of accepted artwork will be sent by EntryThingy e-mail and posted on NCA website. norcalartsinc.org

Artists whose artwork is accepted will then submit their original artwork for final judging. Artwork which differs from images submitted will NOT be shown. Judging for awards will be held Oct 4th.

Awards will be given at the Judge's discretion.

The decision of the Judge is final.

SHIPPING INSTRUCTIONS:

The artist is responsible for initiating and paying for all shipping charges as well as the crating fee. If there is a delay in the return shipping, the NCA shipping agent will call the artist.

Artwork is to be shipped to: **Northern California Arts, Inc. (NCA) c/o Sac Arts 5330-B Gibbons Drive, Carmichael, CA 95608.** Deadline to receive artwork: Sept 26, (most shippers do not ship on weekends).

Paul Dessau is the crater for "Bold Expressions."

If you have shipping inquiries, please contact him via email: paul@nccn.net or phone 530-346-6078. If your artwork is received in damaged condition, you will be contacted for instructions on handling.

Please make CRATING FEE CHECK payable to Paul Dessau.

Minimum charge for each crate is twenty-five dollars (\$25) for one (1) piece in a crate or thirty dollars (\$30) for two (2) pieces in the same crate. Weight limit is seventy (70) pounds per crate.

SUGGESTED SHIPPERS:

- **U.S. Post Office:** regular mail or insured.
- **FED EX:** Purchase a prepaid pickup order.
- **UPS:** Purchase a prepaid pickup order or call tag.
- **DHL: Worldwide Express**

Outside the United States: You will need to contact a forwarding company or a customs broker for the right procedure to ship and return work.

CALL TO ARTISTS...



Show Dates: October 5 - October 31, 2026

THEME:

"Freedom lies in being bold."

Robert Frost

Northern California Arts, Inc.

since 1939

71th International Open

Juried Art Exhibit

Juror: Helen Plenert

Chair: Gregory Smith, Co-chair Paul Dessau

Bold Expressions 2026 is open to all Fine Artists. No photograph accepted. Fine art 2D and 3D mediums welcome. Northern California Arts, Inc. (NCA) located in the Sacramento Valley sponsors this show every year at the Sacramento Fine Arts Center.

For detailed prospectus, membership information, or more information about NCA visit: norcalartsinc.org

Any questions may be directed to Show Co-Chair, Paul Dessau:
paul@nccn.net 530-346-6078



AWARDS:
BEST OF SHOW: \$1000
and more Awards!

Entries must be submitted digitally ONLINE.
norcalartsinc.org

2026 Calendar:

Sept.5 midnight..... ONLINE ENTRY DEADLINE
Sept.8..... NOTIFICATIONS
Oct.2. 1PM to 4PM... HAND DELIVER ARTWORK
Oct.3 11AM to 3PM... HAND DELIVER ARTWORK
Oct 4HANG ART - JUDGING FOR AWARDS
Oct 5 EXHIBIT OPEN
Oct.10 5:30-8PM.....2ND SATURDAY RECEPTION
and AWARDS PRESENTATION
Oct.31... .ART PICKUP 3:00-5:00PM or the following
week during gallery hours.

ENTRY FEES: (fees are non-refundable)

\$50 for 1, 2, or 3 entries

ENTRY FEES MUST BE PAID ONLINE VIA
PAYPAL, IN ORDER FOR ENTRY TO BE
ACCEPTED. (PayPal account is not necessary)

Late entries will not be juried.

Maximum 3 artworks per artist may be entered, but only
2 artworks will be considered for final exhibit. No
photography, no video and no film will be considered
for this show.

IMPORTANT ART DROP OFF DETAILS:

Hand deliveries accepted art: Friday October 2, 2026, 1PM-4PM and
Saturday, October 3, 2026, 9AM- 1PM. All shipped entries must be
received no later than Saturday, October 3, 2026.

**Ship To: NCA, c/o Sac Arts, Bold Expressions
5330-B Gibbons Drive, Carmichael, CA 95608**

**Awards Presentation and
2nd Saturday Reception
October 10, 2026 – 5:30pm-8:00pm
Sac Arts, 5330-B Gibbons Drive
Carmichael, CA 95608**

Open to the public reception and exhibit.
wheelchair accessible.

**PICK UP YOUR ARTWORK
October 31 3:00-5:00PM**



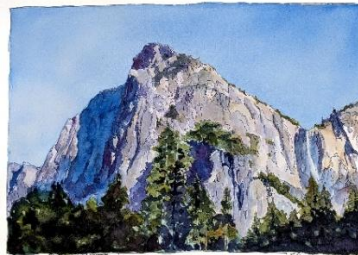
Best of Show 2025
“Buying Time” by Amelia Villagomez

BEST OF SHOW: \$1000
Other awards will be presented

Judge Helen Plenert



Blue Shadows of Yosemite



JUROR: Helen Plenert

Helen creates works to uplift the viewer using local scenes that are sometimes overlooked in our everyday journeys. Her love for California and all its beauty runs deep. Helen explores places she’s been or seen along the many state highways. Using her simple tools of paper, ink and watercolors, Helen paints from natural scenes and has created a series that reflects the world she lives in and loves. She also has a love of people and has a series she calls “People I’ve met” where she has created portraits of locals and celebrities.

Helen studied art locally at American River JC and CSUS Sacramento where she was taught by local artists Gary Pruner, John Kaneko, William Wiley, Mel Ramos, and was very influenced and highly motivated by the work of Gwen Amos, Wayne Thiebaud, Larry Weldon, and Gregory Kondos. She spent years living in San Francisco where she continued her studies.

Beginning in 1980 Helen spent over 35 years working with non-profits, creating events, classes, and even revamping whole art programs. She began working in theater as a Stage Designer in San Francisco and retired as a Program and Art Director for a women’s art program here in Sacramento. She was the first on the West Coast to create the highly successful “Art Bra” Shows to raise money for Breast Cancer in California and similarly “innerSOUL” Shows to help Sacramento homeless. These events were repeated more than 8 times and replicated by many other groups throughout California.

In her personal artwork, Helen has become interested in rock formations throughout California. They have a completely different feel, line, texture, and magnificence of trees she has painted for years. “I love a challenge. I don’t think of just paint on paper, canvas, or clay. Each work becomes a personal dare.” says Helen.

Helen’s favorite mediums are Acrylics on canvas and Watercolor on paper. Sometimes she dives into clay just for the challenge.