



NCA Members' Newsletter

March and April 2022

A publication of Northern California Arts, Inc.
Artists Supporting Artists Since 1939

NCA Board Members

President Carol Brewer
1st Vice President – Programs & Workshops Eric McGhie
2nd Vice President – Public Relations & Marketing Andrea Higginbotham
Secretary Barbara Marshall
Treasurer Joan Hall
Liaison Sally Durante
Past President Skip Lee
Northern California Arts, Inc. Members Show Chair
David Peterson
Newsletter Editor Wes Motschmann
Internet Technology Kate Blue
Membership Chair Jerry Jagers
Bold Expressions Show Chair
Sue Anne Foster
Bold Expressions Show Co-Chair
Paul Dessau
Hospitality Evelyn Adams
Raffle Marie Crockett
Courtesy Bobbie Lou Hunt
Featured Artist Coordinator
Paul Dessau
Artist Standing Chair Paul Dessau
Historian Diana Holt
Member at Large Diana Holt

NCA Contact Information

Email norcalartinc@gmail.com or call NCA at 916.750.1968 and leave a voicemail.

From the Editor's Desk

There was a time when I hated meetings of any kind. First, they're typically formal and impersonal, and I am anything but formal or impersonal. Second, they're boring. There is such an unnatural and exhausting element to assembling in large groups to talk about stuff that no one is really interested in.

That was the experience for me in my work life, as much of my time was consumed by meetings. What changed? Well, nothing. I still hate meetings. Therefore, in a rather unofficial and unilateral capacity, I move to change the name of the NCA General Meeting to a "...Communion" – because it's anything but a meeting in the sense of the word I understood.

The word "communion" is something we should all consider for just a minute, though. Most associate the word "communion" with religion. Yet, if you look up the definition in Merriam-Webster, this is what you'll find straight away:

communion (noun) *com-mu-nion* / \ kə-'myü-nyən 1 : an act or instance of sharing

If you attended our General Communion [see what I did there] on February 9th, you witnessed the very best acts of sharing. Aside from voting for the Artist of the Month, NCA members brought numerous works of art to be critiqued by the ever-thoughtful Steve Memering, with polite observations from the members in attendance supplementing Steve's reviews. This was so much more than a meeting. This was a sharing.

If you have not attended one of our General Meetings, please consider doing so in the future. This is your organization; so much of its success depends on your interactions with it. All of us have a common interest here. And just remember, this isn't some boring old work meeting – it's a community of artists sharing their passion. And what's better than that?



—Wes Motschmann, Newsletter Editor
Email: wmotschmann@gmail.com



Announcement from NCA President, Carol Brewer

Woohoo!!! Together, we raised \$830.00 for our All-Club Valentine’s Day Charity Drive! I want to thank everyone for their contribution to this worthy cause. A special “thank you” to NCA Treasurer, Joan Hall, for handling the charity funds and sending monies to Direct Relief on the Club’s behalf.

Artist of the Month for February 2022



John Nichols with “Harvest View”

The vote is in! John Nichols is NCA’s Artist of the Month for February 2022. John received the popular vote for his work titled “Harvest View.” John describes his landscapes as *“interpretations of the places I love to be in the Northern California region.”*

With *Napaesque* vineyard rows leading to forested hills, “Harvest View” reflects John’s statement about his love of Northern California. If you would like to see more of John’s inspired work, visit his website: <http://www.johnnicholsartworks.com>.

Artist of the Month for January 2022

The vote is in! John Angell is NCA’s Artist of the Month for January 2022. John received the nod from fellow members for his photo encaustic mixed media work titled “Laos Summit.” John is inspired by many things from Asian landscapes to Hunter S. Thompson. John creates work to “raise questions, poke fun and spawn contemplation.” You can find John’s thought-provoking catalogue at: <https://www.jangellart.com>.



“Laos Summit” by John Angell

Artist Standing Achievement for Kate Blue



Congratulations to NCA Board Member, Kate Blue, who achieved Level 3 – Senior Artist in the esteemed Artist Standing Program. If you want to know more about the Artist Standing Program, please visit the NCA website, or contact Paul Dessau at: paul@nccn.net.

Paul Dessau presenting Kate Blue with Level 3 Certificate

Northern California Arts, Members Show 2022

IMPORTANT DATES

Online Entry Begins:

October 9, 2021

Online Entry Ends:

April 2, 2022

Notice of Acceptance by:

April 8, 2022

Delivery Deadline to Sacramento

Fine Arts Center:

April 22, 2022 – 1:00pm to 5:00pm

April 23, 2022 – 11:00am to 3:00pm

Show Begins: May 3, 2022

Show Ends: May 21, 2022

Second Saturday Reception:

May 14, 2022

Artist Pickup: To Be Determined

MAIL / DROPOFF

Where:

Sacramento Fine Arts Center

“NCA Members Show”

5330-B Gibbons Drive

Carmichael, California 95608

CATEGORIES

Excellence Awards for:

Oil, Acrylic, Watercolor, Pastel,

Drawing, Photography, Digital Art,

Sculture, Fiber and Mixed Media



David Peterson, Show Chair

aquacolorist@yahoo.com



Magnum Opus Exhibition a Bounty of Riches for NCA Artists

The Sacramento Fine Arts' Magnum Opus show is an annual juried international exhibition open to NCA members. There were many amazing entries from far-and-wide in this year's event; but our fellow NCA members represented the Sacramento Valley well. NCA Members ringing home prizes – Second Place to Cathy Gibbons for her work “Beautiful Pride”; Third Place to Gerald Barnes for his work “That Look”; the Ginsberg Award to Steve Memering for “Dreamcatcher”; and the Award of Excellence to John Nichols for “Grape Reflections.”

Please take a moment to reach out to your fellow members and recognize them for their incredible accomplishments.

Sacramento Fine Arts Center Announces Oil Portrait Painting with Karen Cahill



When:

March 24th through April 14th
Thursdays – 1:00pm to 4:00pm

Where:

Sacramento Fine Arts Center
5330-B Gibbons Drive
Carmichael, California 95608

Cost:

\$20.00 per session [\$80.00 total for
all four sessions]

Register:

Email Karen Cahill directly at
mendocinian@yahoo.com

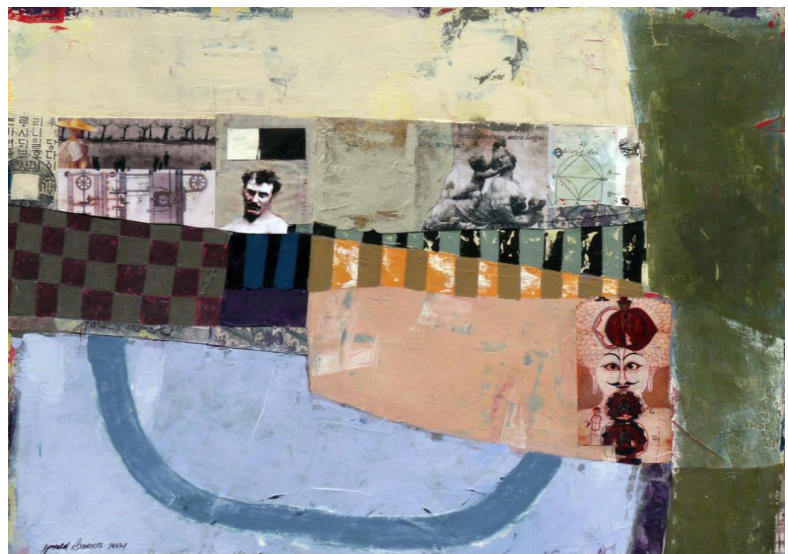
Class size limited to ten (10)
students. If interested, reach out
now before it's too late.

About the Artist:

Karen is a professional artist and instructor with work in private collections in England, Canada and across the United States. Karen is an award-winning artist who has exhibited in the Matsumoto Museum of Modern Art in Japan.



Second Place-winning “Beautiful Pride” by Cathy Gibbons



Third Place-winning “That Look” by Gerald Barnes



Magnum Opus Exhibition a Bounty of Riches for NCA Artists *continued...*

Northern California Arts, Bold Expressions 2022

IMPORTANT DATES

Online Entry Ends:

August 12, 2022 (at midnight)

Notice of Acceptance by:

August 18, 2022

Delivery Deadline to Sacramento

Fine Arts Center:

September 23 – 1:00pm to 5:00pm

September 24 – 9:00am to 12:00pm

Show Opens: October 4, 2022

Show Ends: October 29, 2022

Second Saturday Reception:

October 8 – 5:30pm to 8:00pm

Artist Pickup:

October 29 – 4:00pm to 6:00pm

MAIL / DROPOFF

Where:

Sacramento Fine Arts Center

“NCA Expressions Show”

5330-B Gibbons Drive

Carmichael, California 95608

Juror:

Ray Gonzales

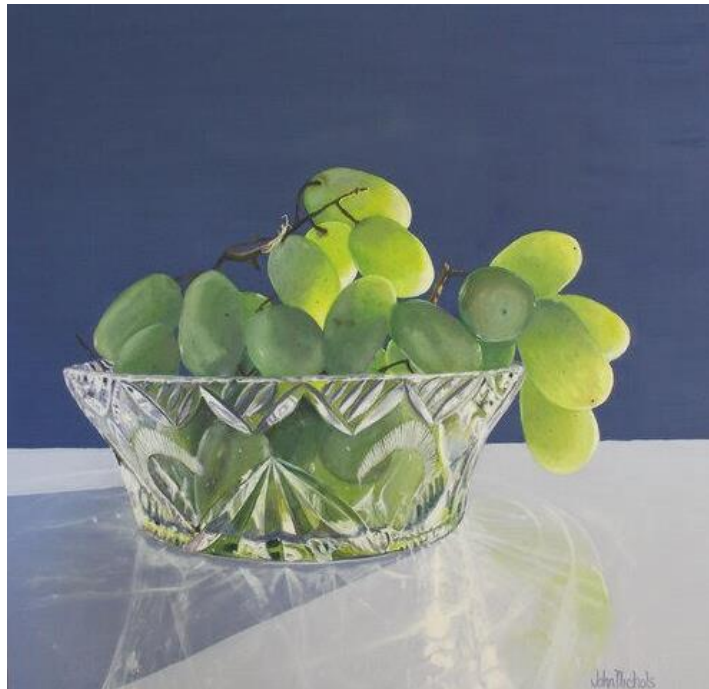


Sue Anne Foster, Show Chair

mandalasue@gmail.com



The Ginsberg Prize-winning “Dreamcatcher” by Steve Memering



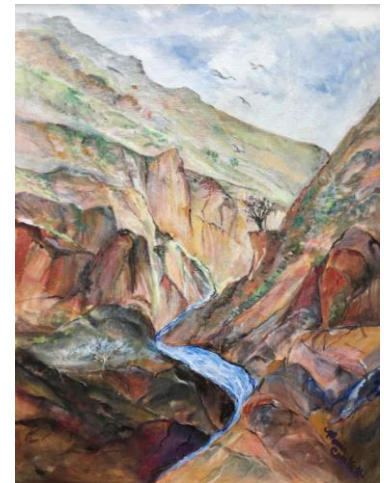
Award of Excellence-winning “Grape Reflections” by John Nichols

Editor’s Note: Although Magnum Opus will have concluded, and all the artwork returned to the talented artists, by the time this Newsletter is published – I highly recommend that you visit the Sacramento Fine Arts Center’s landing page for the Magnum Opus Exhibition where you can look at the digital gallery. This was an exceptional year for the Exhibition. <https://www.sacfinearts.org/mo2022>



Member Focus – Marie Crockett

NCA Board Member, Marie Crockett, sent some of her artwork to publish in the Newsletter. Marie works in a variety of media and subject matter. Marie has a renewed focus on publishing her art on her website and making it available for sale. From left to the right “Two Horses,” “The Hug,” “Cabbage Patch,” and “Copper Valley.” If you are interested in Marie’s art, please contact her at marie_e_crockett@yahoo.com. Thanks for the submission, Marie.



2022 Guest Artist Lineup for Demonstrations at the NCA General Meetings

Wednesday, March 9th

David Peterson – Watercolor

Wednesday, April 13th

Kate Blue – Oil Portraiture

Wednesday, May 11th

Sarah Solis Mattson – Figurative

Wednesday, June 8th

Chris Daubert – *To Be Determined*

July and August

Summer Break

Wednesday, September 14th

Eric Affonso – *To Be Determined*

Wednesday, October 12th

Ray Gonzales – Bold X Juror

NCA Event Calendar:

<https://norcalartsinc.org/schedule>



Eric McGhie, 1st Vice President,
Programs and Workshops

norcalarts1stvp@gmail.com

Member Focus – Cathy Gibbons



New member, Cathy Gibbons, did not take long to make her mark at NCA. Cathy was awarded Second Place in 2022’s Magnum Opus for her work titled “Beautiful Pride.”

Cathy studied fine art at the University of California, Santa Cruz, and later furthered her studies in oil painting at California Art Institute in Westlake Village.

Cathy is an oil painter focusing on the figure while employing a loose style reminiscent of the Impressionists. Please welcome Cathy to NCA.



NCA Welcomes Artists to the Upcoming General Meetings

Wednesday, March 9th – Watercolor with David Peterson

David Peterson will demonstrate his signature watercolor style.

David Peterson, NCA MP is a current NCA Board Member and past President of Watercolor Artists of Sacramento Horizons, Inc. (WASH). David portrays familiar neighborhood scenes in humorous and enigmatic ways. David has been accepted into hundreds state-wide juried shows, winning over one hundred awards in the process.



Wednesday, April 13th – Oil Portraiture with Kate Blue

In this demonstration, Kate Blue will guide you through the process to creating one of her beautiful portraits.

Kate Blue hails from South Dakota but now calls Northern California her home. Kate uses subjects from her urban photographs and intense landscapes to paint in an expressionist style. Kate describes her art as “complicated mosaics of directional broken color based strongly on van Gogh paintings that I have studied for years.”





Art and the Art of Mindfulness

For many of us, art is a kind of meditation. Art takes us away from the daily ruts and responsibilities, allowing us to focus on the creative process that gives purpose and brings happiness to our lives.

But what happens when the resistance hits? The dreaded painter's, sculpture's, writer's -block. Sometimes just sitting in front of an easel or a potter's wheel becomes another place to sink us into the thought of lost loves, piling bills, family illness, job loss... et cetera. Perhaps mindfulness meditation can help.

Jay Shetty (author, lecturer, and adviser to the Calm app) shows how easy and quick you can develop a daily meditation routine. Check out the following YouTube link to the CBS Mornings interview with Jay conducted by Gayle King: <https://www.youtube.com/watch?v=xTHwt4Ww3Xo&t=10s>