



**Sheila Mun Jacobs, Awards Judge**

#### Artist Statement

I believe it's in our innate nature to create. Each creation dipping into one's soul - who we are, our cultures, our experiences, our life's joys and sorrows. Along with it, our attitude, our wildest imagination and fantasies. My work can be soul searching, reflective, relaxing to an extent, but quite intense at times. I like to think my paintings will provide an escape into calm, serenity and also trigger a curiosity, intrigue and wonderment.

My paintings are varied in style and subject matter. My interest is wide and I flow with my mood, the moment, and my explorations take me through various media to create iconographic art, subjective abstractions and fantasy. I find that the common thread throughout my entire journey is *me*. I will go where my will takes me and what comes out onto the canvas from within... My creative process can be quite intense and I have to walk away from it during the course of a painting or sculptures...as so with life itself a balancing act best filled with variety.